Physiological Age, Health costs and their interrelation

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Plan of the presentation:

- Motivation and main objectives
- Phase-type lifetime and aging
- Health states and cost information
- Implications for underwriting
- Onclusion and perspectives

Heterogeneity in a population:

same age different health



Financial implications for life, pension and health insurance

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Quantification of health

- Frailty models: health is s.t. unobservable mortality risk factor, which is given at birth and does not change with age
- Underwriting criteria: observable facts
- Phase-type aging model by Lin&Liu'07: Markovian model with unobservable health states
- Meyricke&Sherris'13: for proper underwriting it is important to take into account observable and unobservable factors

Our objective

use observable information to characterise health states in the phase-type aging model

PH distributions are dense \Rightarrow Lifetime \sim PH($\underline{lpha}, oldsymbol{\Lambda})$

Phase-type aging model [Lin, Liu'07]



• Markov chain for human mortality, phases: health states

- Fit to mortality data, $\underline{\alpha} = [10...0]$
- Health state distribution at age x: $\underline{f}_x = \underline{\alpha} e^{\Lambda x} / \underline{\alpha} e^{\Lambda x} \mathbf{1}$
- Survival function for an individual aged x: $S_x(t) = \underline{f}_x e^{\mathbf{\Lambda} t} \mathbf{1}$

Phase-type lifetime and aging

Advantages of the assumption





No additional information:

Age $x \Rightarrow$ health state distribution is f_x

Direct information: \bar{e} – predicted life expectancy.

 $\bar{e} \Rightarrow$ most likely health state $i^*: e^{(i^*+1)} \leq \bar{e} \leq e^{(i^*)},$

$$e^{(i)} = \underline{\alpha}^{(i)} \sum_{k=0}^{\infty} k e^{\mathbf{\Lambda}k} (I - e^{\mathbf{\Lambda}}) \mathbf{1}, \quad \underline{\alpha}^{(i)} : \ \alpha_j^{(j)} = 1, \ \alpha_i^{(j)} = 0, \ i \neq j.$$

 $e^{(i)}$ is the expected life length in state *i*.

Indirect information: C_x – annual health cost at age x, Y_x – health state at age x. We are interested in

$$f_x(i|c) = P[Y_x = i | C_x = c], \quad i = 1, ..., n.$$

We assume:

$$P[C_{x} = c | Y_{x} = i] \approx P[C = c | Y = i] = f(c|i)$$

This results in

$$f_x(i|c) \approx \frac{f(c|i)f_x(i)}{\sum\limits_{j=1}^n f(c|j)f_x(j)}, \quad f_x(i) = \mathsf{P}[Y_x = i]$$

 \Rightarrow need to determine f(c|i), $i = 1, \ldots, n$.

Properties of health cost data:

- Persistent with age
- Probability mass at zero

Denote f(0|i) = P[C = 0|Y = i], f(c|i, c > 0) = P[C = c|Y = i, C > 0]

$$f(c|i) = \begin{cases} f(0|i), & c = 0\\ (1 - f(0|i))f(c|i, c > 0), & c > 0 \end{cases}$$

Least squares to determine f(0|i) and f(c|i, c > 0):

$$\min_{\underline{\phi}} \sum_{x} n_{x} (\underline{f}_{x} \underline{\phi} - \hat{\psi}_{x})^{2}, \ \underline{\phi} = [\phi_{i}]_{i=1,\dots,n} + \text{ constraints}$$

 ϕ_i – unknown state dependent function, $\hat{\psi}_x$ – observed age dependent function, n_x – weight of population of age x in the observed population

Lognormal costs. Numerical illustration.

$$\mathsf{P}[C = c \mid Y = i, C > 0] \sim log \mathcal{N}(\mu_i, \sigma_i^2)$$

Step I. Least squares to determine the shapes

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$$f(c|i, c > 0) : \phi_i = F(c|i, c > 0), \ \hat{\psi}_x = [\hat{F}_x(c|c > 0)]_x$$
 with
 $0 \le F(c|i, c > 0) \le F(c+1|i, c > 0) \le 1$
• $f(0|i): \ \phi_i = f(0|i)_i, \ \hat{\psi}_x = P[C_x = 0]$ with
 $0 \le f(0|i+1) \le f(0|i) \le 1$

 C_x – annual health care cost at age x

• μ_i and σ_i^2 : similar approach for log C_x + technical constraints

Step II. Least squares for parametric functions

$$\begin{array}{ll} f(0|i): & \rho_1(i|a_0,a_1,a_2) = \exp(-a_0i-a_1) + a_2 \\ \mu_i: & \rho_2(i|b_0,b_1) = b_0i + b_1 \\ \sigma_i^2: & \rho_3(i|d) = d \end{array} ,$$

Data.

- Phase-type aging model: 1911 Swedish cohort of males
- Health care costs database 2008: 15334 individual records for males
- Age: 17-100
- Maximal observed cost: 200 000\$
- Age interval: 3 years, cost interval: 200\$

Number of people in each age group, n_X



Probability mass at zero



Expectation of lognormal cost



Variance of lognormal cost



Distribution of costs: fitting outcome



Distribution of health state

$$f_x(i|c) = P[Y_x = i | C_x = c], \quad f_x(i) = P[Y_x = i], \quad i = 1, ..., n$$



Expected health state



Implications for underwriting

Net Present Value of a health care contract

$$S = \sum_{i=1}^{L} v^{i-1} X_i$$

- L individual's remaining lifetime, $L \sim PH(\underline{f}_x, \Lambda)$
- v positive constant for discounting
- X_i health care cost in year *i*, Markov Reward Model({A}&D, \underline{W}, P)

A = health states, $\{D\} =$ absorbing state If $j \in A$, then $X_i \sim W_j$, If $j \in \{D\}$, then $X_i = 0$ State transition matrix

$$P = \begin{bmatrix} e^{\Lambda} & \underline{y} \\ \mathbf{0} & 1 \end{bmatrix}, \quad \underline{y} = \mathbf{1} - e^{\Lambda}\mathbf{1}$$

Implications for underwriting

Expected Net Present Value

$$E[S] = \underline{f}_{x}(I - ve^{\Lambda})^{-1}E[\underline{\mathcal{W}}]$$

Change of E[S] given cost information, %



Physiological Age & Health costs

Implications for underwriting

Expected Net Present Value

$$E[S] = \underline{f}_{x}(I - ve^{\Lambda})^{-1}E[\underline{\mathcal{W}}]$$

Change of E[S] given cost information, %



Physiological Age & Health costs

Main results

- extension of PH-aging model: method to capture the effect of heterogeneity based on actual health care costs in the *past year*
- impact on the NPV of lifelong health care contracts

Perspectives

- further extension of PH-aging model: method to capture the effect of heterogeneity based on *history* of actual health care costs
- include other types of information

Thank you for your attention!